

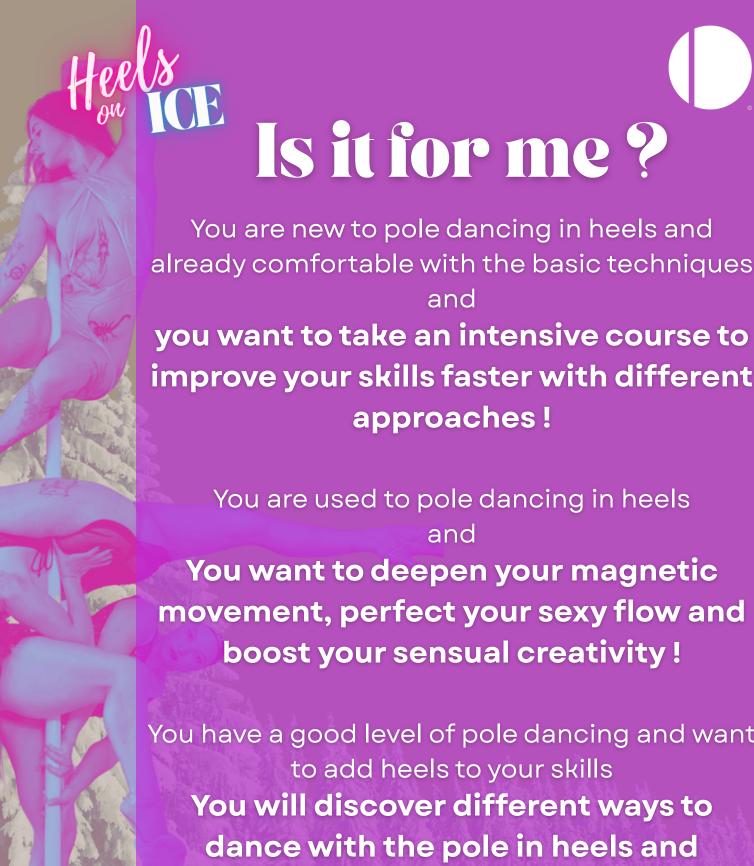


Sensual intensive week-end

With amazing Queens!
Camille de Haas,
Staffie Volt,
Ariane Snowleo
et Davina Shewolf

From 23 to 25 of January 2026 LAUSANNE - SWITZERLAND





boost your sensual creativity! You have a good level of pole dancing and want You will discover different ways to dance with the pole in heels and deepen researches involved in improving your style and technique!

YES



10.am - 12.30pm Welcome Brunch!

A sweet moment to get to know your teachers and the others participants!

1pm - 2.30pm

Str!!p plastic floorwork with Davina

Davina will teach you all about sensuality with one of her famous floor choreo!

(without the pole)

Musicality and Fluidity will be the main focus!

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Kneepads mandatory







3pm - 4.30pm **Burning tricks with Ariane**

Learn Ariane's Bada\$\$ Low Flow Drops & Tricks!
With option for every levels, she will teach you all
of her tips to boost your choreo!

5pm - 6.30pm **Siren Flow with Camille**

With some of Camille best prompts, you will explore and discover your "Flow State". A timeless moment where you let you body dance how it wants to!

A great way to discover or refine your own style!







DAY 2 24.01.26



Do you want to refine you heels work? Work on your lines? Deeply understand how to link all of your movements to reach your best flow?

Ariane will teach you all of her techniques with impactul sequences!

11.45am - 1.15pm Edgework with Staffie

The perfect edgework introduction with Staffie!
Explore your Str!!per heels and ankle
movements to stylize your movements and
experiment new sensations to spice your basics
spins, pirouette or waves!











1.30pm - 2.30pm **Lunch Break**

2.30pm - 4pm **X-Factor with Staffie**

Practice you acting and stage presence skills!

Staffie will teach you an exxxtra spicy old school choreo and give you prompts and tips to embody your emotions, sexyness and most of all your personality!

4pm - 6pm

Practice Time for

showcase Participants

6.30pm **Showcase party**

Pre-dinner drinks & Showcase + Souvenir video of your performance à

This is a private event at the studio and it is not mandatory to do a show if you don't want to!







10am - 11.30am Lovely spinning with Camille

A spinning workshop focus on simple tricks aesthetics without inversion! You will learn some of Camille's original & sexy combos, tricks and transitions that feel and look good!

11.45am - 1.15pm **Lap dance with Davina**

Take out your sexiest lingerie/bikini and join
Davina for this Striptease/Lapdance workshop!
Learn naughty sequences, tips and tricks on
your partner's lap!
Two layers of underwear/bikini needed + a
négligé or shirt

1.30pm

Goodbye Lunch
at the studio

THE STUDIO

You will be welcome and train in this beautiful 180m2 studio!
Cozy lounge, 100m2 of professionnal dance floor, a lot of mirror and 3.85 meters of pole and ceiling height!





How to get there:

Near Lausanne city center : Avenue de Sévelin 50, 1004 Lausanne.

Subway M1: Stop at Montelly

Bus 17 : Stop at Ecole des métiers

Bus 16 : Stop at Belvédère

By Plane: Geneva Airport

+ Train to Lausanne (45 min)

By Train: Lausanne Station

ACCOMODATION

Accomadation and transports are not included in the rate
You can take a hotel room or an Air
Bnb near the studio via the links below

<u>Air BnB Lausanne à proximité du</u> <u>studio</u>

Booking Lausanne à proximité de studio

NOTE

Once your booking is completed, you will receive an invitation for a WhatsApp group with all other participants if you want to book an accomodation together!



Flat Rate 590 CHF/person*

*Accommodation and transport not included

More Infos?

contact@thechromestudio.com heelsoniceintensive@gmail.com

Réservations:

contact@thechromestudio.com or Chrome Studio App > Réserver > Stages

